



Annual Report

FY 2023-2024

Rural Development Trust

Message from the Chief Patron

Md. Sadullah

Rural Development Trust, Sangram, Madhubani

As we reflect on the year 2023-2024, I am filled with gratitude and pride for the remarkable progress we have made at the Rural Development Trust, Sangram, Madhubani. Our mission has always been to empower and uplift the rural communities in Madhubani and through collective efforts, we continue to make strides in community development. This annual report not only highlights our key achievements but also reflects on the immense support we have received from various partners, organizations, and individuals, without whom our work would not have been possible.



First and foremost, I would like to extend my deepest thanks to **World Neighbors (WN)** and their continuous financial contributions have helped us to sustain and expand our programs, while their leadership-building initiatives have equipped us with the knowledge and skills to increase our passion.

We are also grateful to **GPSVS** for generously providing us with valuable resource materials. Our heartfelt thanks go out to the **Jamaila Tailoring Trust** for promoting self-sufficiency and empowerment, particularly among women, through vocational training and tailoring programs.

I would like to express my sincere appreciation to the community members and all our well-wishers. We are also deeply thankful to the district administration, sub-divisional officers and the block-level government officials for their constant support.

As we move forward, I am confident that the partnerships and collaborations that have supported us will continue to thrive. Together, we will build on the successes of this year and look forward to even greater achievements in the coming years. Our dedication to community development remains steadfast, and with your continued support, we will continue to create a brighter future for all.

Thank you for being a part of our journey. We look forward to your continued encouragement and collaboration.



Md. Sadullah

Chief Patron

Rural Development Trust, Sangram, Madhubani

About Us

General Information

1. Registration date: 09/08/2006 (under ITRA)
2. Registration number: 30/04/CD1
3. Registered head office:
Sangram, Tulapatgaj, Madhubani, Pin - 847109
4. Contact person/designation: Md. Sadullah, Chief Patron
5. Phone & Email: 09939441229 rdtrustsangram@gmail.com
6. PAN No.: AABTR2397A
7. TAN No.:
8. 12 A (Income Tax Act 1961) : AABTR2397AE20088
9. 80 G (Income Tax Department):
10. FCRA : 031290109
11. NGO Darpan ID: BR / 2018 / 0184390
12. Operational Area: Madhubni, Dharbhanga, Supaul

Rural Development Trust (RDT) is a non-profit, non-governmental social development organization founded by a group of passionate people, social activists, and development professionals in 2006. RDT is a leading non-profit organization with a significant presence in the Indian state of Bihar. It is established as a Public Charitable Trust under the Indian Trust Registration Act 1882 based in Madhubani district Bihar, India. RDT closely works with vulnerable communities and empowers socially marginalized people by providing capacity-building activities, livelihood linkage, education, and health facilities along with promoting a people-oriented knowledge base to influence the policies of government on different development issues through facilitation, building networks with government agencies, and partnership of other organizations.

RDT has successfully completed the projects named "Women and Dalit Empowerment", Capacity Building of Minority Group on Rights and Entitlements", "Education Support to Madani Public School", "Rescue and Relief for Flood Victims", "Promotional of Traditional Health System", "Climate Change and Mitigation", and Vocational Training to Adolescent Girls". Currently, the project has been implementing "SHE CAN – empowering rural women in Jhanjharpur Bihar through WASH and Reproductive Health" and "Education and Relief Response Project" in partnership with World Neighbors and JTTC respectively.

Our Vision, Mission & Objective

Vision

Rural Development Trust aspires for a society where community based on equality and fraternity.

Mission

The Trust aims to make communities work on the basis of equality, justice and non-violence with human rights and gender perspectives in all the aspects.

Objectives

- To prevent arrest and reserve degradation of life support, particularly land, water, to expand livelihood opportunities in a sustainable and equitable manner through people's participation with gender perspectives.
- To start, promote, encourage and assist activities for economic, moral, and social upliftment of rural people particularly women and Dalit, for making unity and development, reciprocal cooperation between people;
- To encourage and promote the feelings of equality, liberty, fraternity, mutual understanding, cooperation, communal harmony, national solidarity, and emotional integration among all the sections of people in India;
- To create amongst the rural population the consciousness of the environment and ecological factors conducive to a healthier life for themselves and also of recoverable consequences resulting from ecological imbalances;
- To create awareness on Human Rights and to assist in protecting them;
- To provide legal assistance and free legal aid to poor.

Key Thematic Areas

- I. Educational Support Program 
 - II. Rescue and Relief 
 - III. Climate Change Adaptation 
 - IV. Water & Sanitation 
 - V. Nutrition & Agriculture 
 - VI. Livelihood Development 
 - VII. Health 
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Key Highlights of the Year (2023-2024)

Major Achievements

World Neighbors Support Program		
Major Key Thematic Areas	Qualitative Achievement	Quantitative Achievements
Saving & Credit Groups	The formation of saving and credit groups by RDT has played a transformative role in the lives of rural women. These groups are not just financial platforms but also serve as engines of social empowerment. Through active participation in monthly savings and internal lending systems, women have gained a sense of financial security and independence. Beyond financial empowerment, these groups have created an enabling environment for rural women to grow in leadership and decision-making roles. Women now actively engage in group discussions, manage funds, and maintain records, which has enhanced their literacy, organizational skills, and self-esteem. Moreover, the regular interactions within the groups have helped in awareness-building on issues such as health, hygiene, child education, and gender equality.	150 Saving and Credit Groups have been formed with 15–20 women members in each group. At the present day 2,250 women are actively involved in the program. Over 1,200 loans have been disbursed till date for various income-generating activities. More than 65% of the members report an increase in their household income due to business or livelihood ventures started with group loans. Around 45% of group leaders are now taking part in village-level committees and decision-making bodies.
	RDT has taken significant steps toward empowering rural women through the promotion of commercial-scale vegetable farming. 250 women farmers have transitioned from traditional	250 women farmers have been engaged in commercial vegetable cultivation. RDT facilitated 18 training programs in collaboration with KVK, ATMA, and

	subsistence farming to commercial vegetable cultivation with technical support from RDT. Through collaborations with Krishi Vigyan Kendra (KVK), Agriculture Technology Management Agency (ATMA) and the Department of Agriculture, RDT has facilitated multiple training programs. These sessions covered topics such as soil preparation, seed treatment, integrated pest management, organic farming, water management, and marketing strategies. They are now taking informed decisions in farming, managing their land more efficiently, and producing better yields. RDT has also played a crucial role in input mobilization. High-quality seeds and fertilizers for crops like chili (mirchi), brinjal (brijal), cabbage (kobi), sponge gourd (sajmin), cucumber (khira), and okra (vendi) were provided and ensuring that farmers had access to the necessary inputs at the right time. This intervention significantly reduced the cost burden on the farmers and increased their productivity. Demonstration plots were established across several locations to serve as learning sites for the farmers. These plots have become hands-on training centers where women can observe best practices,	the Agriculture Department, with over 300 women participants. High-quality seeds and fertilizers were mobilized and distributed to all 250 farmers and ensuring timely sowing and crop health. Demonstration plots were established in 10 locations, More than 70% of participating farmers reported yield increases of 30–40% compared to previous seasons. On average, each farmer earned an additional income of ₹15,000 to ₹25,000 per season. Around 80 women farmers are now involved in weekly vegetable markets (haats), selling their produce directly and gaining sales experience. At least 40% of these women have started reinvesting their earnings into expanding their farming operations, purchasing tools, or diversifying into allied activities like poultry or vermicomposting.
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	understand crop cycles, and implement learnings directly in their fields. RDT has established connections with local markets, wholesale traders, and retail outlets.	
Nutrition Garden	The promotion of Nutrition Gardens, locally known as Poshan Vatika has been a key initiative by RDT to improve household food security and nutritional health in rural communities. 520 households have successfully established their own nutrition gardens using organic farming methods. These gardens are transforming the way families access fresh, diverse, and nutritious food while also fostering self-reliance and environmental awareness. These gardens include a variety of seasonal vegetables such as spinach, fenugreek, tomatoes, carrots, radish, okra, gourds and fruits like papaya and banana which contribute to a balanced and healthy diet. Families are now able to consume fresh produce daily, reducing dependency on market-bought food and improving overall health. A significant qualitative outcome of this initiative is the adoption of organic practices. Households are trained to use kitchen and farm waste to produce compost, thereby reducing their reliance on chemical fertilizers. RDT organized multiple training sessions focused on	520 households have established Nutrition Gardens (Poshan Vatikas) in their own backyards. 100% of the gardens are maintained using organic methods with compost produced from household and agricultural waste. RDT conducted 12 comprehensive training programs on topics including composting, organic pest control, garden layout, and seasonal planting. Over 700 individuals, mainly women, participated in the training sessions. - Each garden grows an average of 8–10 different vegetables and fruits, improving dietary diversity. More than 80% of households report consuming vegetables from their garden at least 4–5 times a week. 25% of households (around 130) are selling surplus produce in local markets or to neighbors, earning an average of ₹300–₹500/month. At least 300 households have reported a reduction in monthly vegetable expenses by ₹200–₹400.

	composting techniques, organic pest control, seasonal crop planning, and garden maintenance. This has led to increased awareness about soil health, sustainability, and eco-friendly farming. RDT's training programs have also empowered women to take the lead in managing these gardens. Women are now involved in planning, planting, harvesting, and using the produce, making them active agents in improving household nutrition. Moreover, these gardens have helped reduce household expenses on vegetables and small kitchen items, which has had a positive economic impact. Some households have even started selling surplus vegetables in nearby markets or among neighbors, turning these small gardens into micro-income sources. This dual benefit of nutrition and income makes the Poshan Vatika model both sustainable and impactful.	- RDT has facilitated the creation of 20 community compost pits to support households with limited space.
Livelihood Promotion	Mithila Painting: RDT has undertaken a culturally significant and economically empowering initiative by organizing Mithila painting training for adolescent girls. By training a new generation in this age-old art, RDT is not only helping preserve a vital part of the local culture but also enabling young girls to use their creativity as a means of	120 adolescent girls completed Mithila painting training programs. Training sessions were held over 3 months covering both traditional techniques and modern adaptations. More than 70% of participants successfully created 5 or more art pieces during the training.

	livelihood. 120 adolescent girls participated in the structured training program designed to teach both the artistic and commercial aspects of Mithila painting. These girls, most of whom come from marginalized and rural backgrounds, were given hands-on instruction by skilled artisans. It has enhanced their confidence, provided them with a sense of cultural pride and opened up new possibilities for self-reliance. The training included modules on how to convert art into a viable business. This included product development (painting on paper, cloth, and household items), pricing, packaging, and marketing through exhibitions, local fairs, and digital platforms. The girls were also introduced to online marketplaces and trained in basic digital literacy to support online sales. It has also sensitized communities to the value of traditional art and the potential of adolescent girls when provided with the right support and opportunities. Goat Rearing: RDT has focused to support rural livelihoods through the promotion of goat rearing among small and marginal farmers. This program targeted 250 farmers, with	RDT collaborated with 5 local master artisans to lead training modules and mentor the girls. 3 local exhibitions were organized where over 300 paintings created by trainees were showcased and sold. Around 90 girls earned their first income through the sale of paintings, with an average earning of ₹500–₹1500. Over 60 girls have continued practicing Mithila painting post-training, producing items like wall hangings, greeting cards, and painted household objects. 30 girls have begun using digital platforms like WhatsApp and local e-commerce initiatives to share and sell their artwork. 250 farmers trained in scientific goat rearing practices. Training conducted in 5 batches across different rural clusters. Over 90% of trainees adopted
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	a special focus on women and economically vulnerable households. RDT organized structured training programs that covered all essential aspects of goat farming — from breed selection and housing, to feeding practices, healthcare, and market linkage. Special emphasis was placed on breed improvement and preventive healthcare, including vaccination and disease management which reduced mortality and increased productivity. The trainings have not only improved the technical skills of the farmers but also boosted their confidence to manage goat-rearing as a viable business. Farmers are now more aware of the nutritional needs of goats, leading to healthier livestock and better weight gain. Fish Cultivation: RDT has introduced scientific fish farming as a livelihood enhancement activity to improve rural incomes and promote sustainable aquaculture practices in collaboration with KVK and fisheries department. After undergoing the training, farmers are now capable of managing their fish ponds more effectively, selecting high-yield and disease-resistant fingerlings, and	improved feeding and housing practices. At least 180 farmers have reported income generation through goat sales within the first year. - Average earnings from goat sales: ₹5,000 to ₹15,000 per household annually. Goat mortality rate reduced by 40% due to better disease management. 120 female farmers are now managing goat-rearing activities independently. 70 farmers trained in scientific fish farming through RDT's capacity-building initiative. 65 farmers successfully harvested their first fish crop within 6–8 months of training. Average yield per farmer: 500–800 kg of fish per harvest cycle. Farmers reported an average income of ₹10,000–₹20,000 per cycle.
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Water, Sanitation & Hygiene	using sustainable feeding methods to promote fish health and faster growth. This scientific approach has resulted in better productivity and higher profitability. Farmers also learned about seasonal planning and harvesting cycles to maximize yield and reduce input costs. RDT facilitated the creation of market linkages for the fish farmers, enabling them to sell directly to local markets, traders, and consumers.	
	During the current financial year, RDT has focused on promoting Water, Sanitation, and Hygiene (WASH) practices at both the school and community levels. The objective was to improve good hygiene behaviors, improve sanitation infrastructure and enhance access to safe water, particularly among school children, adolescent girls, and women in rural areas. WASH awareness programs were conducted in 8 schools, directly reaching 1,200 students. Through participatory sessions and practical demonstrations, children learned the importance of personal hygiene, including regular handwashing with soap, especially before meals and after using the toilet. As a result, handwashing before the mid-day meal has now become a routine practice in these schools. Schools	8 schools participated in the WASH awareness campaign. 1,200 schoolchildren benefited from personal hygiene and sanitation awareness programs. 75% of students in these schools are now practicing handwashing before mid-day meals. 2 pad banks were established in schools for adolescent girls, promoting regular school attendance during menstruation. Soak pits were constructed in all 8 schools for effective wastewater management. 27 community-level WASH awareness sessions were conducted across rural villages. 860 women and adolescent girls

have also ensured the availability of soap and water at designated handwashing stations, reinforcing this new habit.

RDT worked closely with school authorities to establish two sanitary pad banks in girls' schools. These pad banks ensure that adolescent girls have access to sanitary products during menstruation, preventing school absenteeism and boosting their confidence.

This has helped maintain clean school premises, avoid water stagnation, and reduce the breeding of disease-carrying mosquitoes. Children were also educated on the importance of safe drinking water.

At the community level, RDT organized 27 WASH awareness programs involving a total of 860 women and adolescent girls. These sessions were designed to encourage sustainable hygiene behaviors, improve domestic sanitation, and build awareness around water conservation and environmental cleanliness. The topics covered included proper toilet use, menstrual hygiene, handwashing, safe water storage, household waste segregation, and the importance of clean surroundings.

Women and adolescent girls are now better informed and more confident in managing their health and

actively participated in community sessions. Topics covered during awareness sessions included: handwashing, menstrual hygiene, safe drinking water, toilet usage, waste management, and water conservation.

Households have initiated their own hygiene practices like using covered water storage containers and maintaining clean toilets.

RDT's awareness campaigns reached an estimated 2,000 above indirect beneficiaries including family members and neighbors influenced by trained individuals.

	hygiene, both at home and in public spaces. Participants learned about waste management techniques and the importance of conserving water sources. These WASH initiatives by RDT have created lasting impacts by embedding hygiene education into everyday life and improving the health and dignity of rural communities.	
Climate Change Adaptation	RDT has implemented climate change adaptation initiative across 15 villages with the focus on community engagement, environmental restoration and sustainable behavioral change. 34 awareness campaigns were organized where 1,850 participants involved including school children, women and other community members. The initiative aimed to promote practical climate resilience practices, foster environmental consciousness, and encourage long-term ecological stewardship. The campaigns created a platform for dialogue and action on pressing issues such as deforestation, rising temperatures, decreasing groundwater levels, plastic pollution, and waste mismanagement. Participants were educated on the impact of climate change on their lives—especially in agriculture,	34 awareness campaigns on climate change adaptation conducted across 15 villages. 1,850 participants actively engaged, including school children, women, and local leaders. 1895 saplings of native and climate-resilient species planted through community and school drives. 3 nurseries established at the community level, managed by youth and women's groups. 45% of school children involved in tree plantation have adopted regular plant care routines. 5 traditional water bodies (ponds and step wells) cleaned and revived for groundwater recharge and ecological restoration. Campaigns reached an estimated 4,500 indirect beneficiaries,

	water availability, and health—and trained on how to adopt adaptive behaviors. 3 nurseries have been developed and are maintained by local youth and women’s groups. They provide a regular supply of native saplings for ongoing and future plantation efforts. Through hands-on training and involvement in nursery management, participants have acquired new skills in plant propagation and organic fertilization, which may open up future livelihood opportunities. During the awareness campaigns, RDT emphasized the environmental hazards of single-use plastics and encouraged the adoption of eco-friendly alternatives. As a result, many households have reduced their dependence on plastic bags and switched to jute or cloth bags for shopping and storage. The campaigns also promoted simple yet impactful practices such as rainwater harvesting, composting organic waste and maintaining clean public spaces.	including family members and other villagers. Around 150 women and youth trained in nursery management and sapling propagation techniques. Rainwater harvesting and organic composting were discussed in 10 out of 15 villages, with initial adoption by 50+ households. Community-led initiatives for monthly cleanliness drives were initiated in 6 villages as a follow-up to the campaign activities.
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CERTIFICATE

OF APPRECIATION

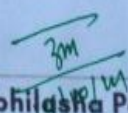
The following award is given to

RURAL DEVELOPMENT TRUST (RDT)

I, ABHILASHA PATHAK, B.D.O, JHANJHARPUR, MADHUBANI GOT THE OPPORTUNITY TO OBSERVE THE PROGRAMS RUN BY RURAL DEVELOPMENT TRUST, SANGRAM, MADHUBANI WITH THE HELP OF **WORLD NEIGHBORS** IN THE PANCHAYATS OF NAWANI, TAMURIA & PIPRAULIA OF JHANJHARPUR AND LAKHNAUR BLOCK IN THE FIELD OF WOMEN EMPOWERMENT, EDUCATION TO MARGINALIZED CHILDREN, LIVELIHOOD & INCOME GENERATION THROUGH EMPLOYMENT/SELF-EMPLOYMENT, PROMOTING ORGANIC FARMING PRACTICES, MILLETS FARMING, VOCATIONAL TRAINING FOR ADOLESCENT GIRLS, LITERACY TO CREDIT & SAVING WOMEN GROUP BY RDT. THE EFFORTS MADE BY RURAL DEVELOPMENT TRUST IS REALLY COMMENDABLE. I CONGRATULATE AND APPRECIATE RURAL DEVELOPMENT TRUST AND THEIR TEAM FOR THEIR OUTSTANDING WORK.

Wishing you all continued success in your future endeavors.




Abhilasha Pathak

Block Development Officer
Jhanjharpur, Madhubani

प्रखण्ड विकास पदाधिकारी
जंझारपुर (मधुबनी)

Other Achievements

1. Ramadan Food & Hygiene kit Distribution:-

During the holy month of Ramadan, RDT undertook a special initiative to support minority families from economically disadvantaged backgrounds. 540 households received Ramadan Food and Hygiene Kits aimed at improving their nutritional intake and personal hygiene practices during this sacred time of fasting and spiritual reflection. The distribution focused on ensuring that families observing Ramadan had access to sufficient and nutritious food items for their *sehri* (pre-dawn meal) and *iftar* (evening meal). The food kit included essential staples such as wheat, rice, pulses, salt, soybeans, mustard oil, and sugar—items that are commonly used during Ramadan for preparing wholesome and energy-rich meals. These food provisions supported families in maintaining their strength and health throughout the fasting period.

In addition to food supplies, each household also received a hygiene kit containing sanitary pads, toothbrush, toothpaste (Colgate), soap, comb, and nail cutter. These items were provided to promote personal cleanliness and improve hygiene behavior among family members, especially women and adolescent girls. The inclusion of sanitary pads helped address menstrual hygiene needs, ensuring that women could manage their health with dignity during Ramadan.

The initiative had a notable impact on improving both the nutrition and hygiene standards of the recipient families. With better access to quality food, families experienced more balanced meals during Ramadan, reducing the risk of fatigue, malnutrition, and related health concerns. The hygiene kits empowered families to maintain proper cleanliness, which is particularly important during a time of spiritual purification and self-care.

2. Mushroom Cultivation: -

RDT in collaboration with the Krishi Vigyan Kendra (KVK), initiated a Mushroom Cultivation Program aimed at promoting sustainable livelihoods and nutrition among rural households. 54 households participated in the program, receiving hands-on training in mushroom cultivation and post-harvest management.

The training sessions, facilitated by experts from KVK, covered essential aspects such as mushroom bed preparation, spawn inoculation, temperature and humidity control, harvesting techniques, and storage methods. The focus was on cultivating oyster mushrooms, which are known for their high nutritional value, short cultivation cycle, and ease of growth, making them ideal for small-scale producers. As part of the support, each participant was provided with 4 to 5 mushroom grow bags, along with the required quantity of mushroom spawn free of cost, distributed directly by KVK. These bags were used to initiate production at the household level, typically using small, shaded spaces like verandas or sheds. Within 3 to 4 weeks, most participants observed successful mushroom growth and harvested their first yield.

The initiative had a twofold impact. Firstly, it provided an additional source of nutrition to families by incorporating protein-rich mushrooms into their diets. Secondly, it opened up a new livelihood opportunity, especially for women and landless households, who can now grow mushrooms with minimal investment and space.

3. Awareness Campaign on Family Planning, ANC & PNC

RDT in collaboration with local health authorities and community leaders, RDT organized 10 awareness campaign programs focused on Family Planning, Antenatal Care (ANC), and Postnatal Care (PNC). These campaigns aimed to increase awareness among rural and marginalized communities about reproductive health, maternal care, and the importance of planned parenthood for the overall well-being of families.

A central focus of the program was the active involvement and capacity-building of frontline health workers, including ANMs (Auxiliary Nurse Midwives), ASHAs (Accredited Social Health Activists), and AWWs (Anganwadi Workers). Training sessions were conducted for them to strengthen their knowledge and communication skills around key topics such as birth spacing, contraceptive options, importance of regular antenatal check-ups, nutrition during pregnancy, danger signs during pregnancy, and postnatal care for both mothers and newborns.

The sessions also promoted the importance of institutional deliveries and early initiation of breastfeeding, while linking participants to government health schemes. These awareness campaigns led to an increase in health-seeking behavior and improved understanding of safe motherhood practices among community members.

4. Adult Literacy Class – 3 Centres

To address the persistent gap in basic education among adult women, RDT has established three Adult Literacy Centres, aimed specifically at empowering women through non-formal education. 150 women are currently enrolled across these centres, where they are gaining essential skills in reading, writing, and basic numeracy. This initiative is part of RDT's broader goal to promote inclusive development and gender equity by enabling adult learners to lead more informed and independent lives. The adult literacy initiative not only improves individual literacy but also has a long-term impact on community development. Educated women are better equipped to support their children's education, make informed health and financial decisions, participate in community activities, and even access livelihood opportunities.



मधुबनी 05-10-2024

वर्ल्ड नेबर्स और रूरल डेवलपमेंट ट्रस्ट के प्रयास से लगातार हो रहा बदलाव

महिला पोषण वाटिका के तहत साग-सब्जियां उगा संपन्न हो रही

भास्कर न्यूज़ इंझापुर

नवानी गांव की गृहिणी उषा देवी को वर्ल्ड नेबर्स और रूरल डेवलपमेंट ट्रस्ट के प्रयास से जिंदगी जीने की कला दी जिससे पोषण वाटिका के तहत साग सब्जियां उगाकर आत्मनिर्भर हो रही है। दैनिक भास्कर पड़ताल करने जब नवानी गांव पहुंचा तो गृहिणी उषा देवी ने बताया कि मेरे पति बाहर कार्य करते हैं। जब से समूह में जुड़ने के बाद वर्ल्ड नेबर्स और आरडीटी की टीम ने टोला में आकर समूह का निर्माण किया। उस समूह की सदस्यता ली और मासिक बैठक में भाग लेना



गृह पोषण वाटिका में उषा देवी।

शुरू की और जिसमें कई बिंदुओं पर विकासात्मक चर्चा होती थी। बैठक से प्रेरणा लेकर घर के पीछे खाली पड़े भूमि को देखा और उसको तैयार किया। उस भूमि पर गृह पोषण वाटिका का निर्माण शुरू की। पहली बार में 4 प्रकार की सब्जी लगाई।

घर में एक शाम की साग-सब्जी अपने गृह पोषण वाटिका से प्राप्त होने लगी। बैठक में बताए गए विधि के मुताबिक छोटे छोटे कियारी में 8 प्रकार की साग सब्जी लगाई। अब गृह पोषण वाटिका से तीनों समय की साग-सब्जी मिलनी शुरू हो गई। स्वयं वर्मी खाद का निर्माण कर अपने गृह पोषण वाटिका में उपयोग करने के बाद जो खाद बचती है, उसको 10 रुपए प्रति किलो के हिसाब से किसान के हाथों बेच देती है। महिला ने बताया कि घर में साग-सब्जी पर प्रति महीना 4 से 5 हजार तक खर्च होता था जो अब बचता है जिससे बच्चों की बेहतर पढ़ाई करा रही हूं।

प्रभात खबर
मुजफ्फरपुर, शुक्रवार
17.05.2024 | 03

सर्व प्रथम मृदा स्वास्थ्य को ठीक करने की जरूरत

साग-सब्जी उत्पादन को बढ़ावा देने के लिए कृषकों को मिला प्रशिक्षण

प्रतिनिधि, इंझापुर

कस्तूरबा महिला मंडल समूह सदस्य को साग-सब्जी उत्पादन बढ़ाने विषय पर प्रशिक्षण दिया गया। कार्यक्रम का शुभारंभ किसान सलाहकार अजय कुमार दास, जीपीएसवीएस के शैलेंद्र कर्ण, ट्रस्ट के संरक्षक मो. सादुल्लाह, संगीता देवी द्वारा दीप प्रज्वलित कर किया गया। समूह के सदस्यों को साग, सब्जी की व्यवसायिक खेती कर आर्थिक उन्नति करने के लिए वर्ल्ड नेबर्स के सहयोग से 25 समूह सदस्य को प्रशिक्षण दिया गया। ट्रस्ट के संरक्षक मो. सादुल्लाह ने कहा कि सर्व प्रथम मृदा स्वास्थ्य को ठीक करना है, भूमि में उपज शक्ति कम हो गयी है।

अजय कुमार दास ने कहा कि साग सब्जी लगाने से पहले अपने भूमि को अच्छे से तैयार कर लें। बीज को अंकुरित कर के बोआई करें सिंचाई के लिए शुद्ध जल का उपयोग करें। आवश्यकतानुसार ही पौधा में जल डालें। रसायनिक खाद्य पेस्टीसाइड के स्थान पर जैविक उर्वरक पेस्टीसाइड का उपयोग कर खेती में लागत को कम किया जा सकता है। कार्यशाला में ममता देवी, ललिता देवी, द्रौपदी देवी, गंगा देवी, गौरी देवी, रंजू देवी, विमला देवी, पवन देवी, जिपछी देवी, पिंकी देवी, रंजना देवी आदि उपस्थित थे।

प्रशिक्षण के बाद किसान।

दैनिक जागरण
मुजफ्फरपुर, 9 जनवरी, 2024
www.jagran.com

पोषण आहार के महत्व पर ट्रेनिंग

इंझापुर, संस : वर्ल्ड नेबर्स के सहयोग से रूरल डेवलपमेंट ट्रस्ट अड़िया संग्राम के संयोजकत्व में पोषण आहार स्वास्थ्य पर दो दिवसीय प्रशिक्षण कार्यक्रम को शुरुआत की गई। इस प्रशिक्षण में संस्था के कुल 25 समूह में से प्रति समूह दो से तीन सदस्यों को लेकर यह प्रशिक्षण दिया जा रहा है। प्रशिक्षण शिविर का उद्घाटन संस्था के संरक्षक सादुल्लाह, प्रशिक्षक डा. उमर फारूक एवं अन्य ने दीप प्रज्वलित कर किया। प्रशिक्षण-शिविर में विभिन्न फल एवं सब्जियों के स्टॉल लगाए गए थे। यहां प्रतिभागियों को हरेक फल एवं सब्जियों से मिलने वाली पोषिक आहार को जानकारी दी गई। इस अवसर पर संस्था के संरक्षक ने संबोधित करते हुए कहा कि कुपोषण से मानव का संतुलित विकास नहीं होता है। इसलिए जरूरी है कि समाज के बच्चों एवं महिलाओं में

- दो दिवसीय प्रशिक्षण कार्यक्रम की शुरुआत, जुटी महिलाएं
- फल एवं सब्जियों से मिलने वाले विटामिन की दी गई जानकारी

पोषण आहार के दो दिवसीय प्रशिक्षण में प्रतिभागी • जागरण

निश्चित रूप से पोषण युक्त आहार हो ताकि बच्चों का मानसिक एवं शारीरिक विकास संतुलित रूप से संपन्न हो सके तथा महिलायें जो प्रजनन देती हैं वह भी सुस्थित रह सकें। यह प्रशिक्षण मंगलवार को भी चलेगा। कार्यक्रम में ललिता देवी, किरण देवी, रंजू देवी, गुफरान, कंचन कुमारी, संगीता देवी, नैना देवी, ममता देवी, फुल कुमारी देवी, अनीता देवी, विमल देवी, रेवन देवी, शोला देवी, शकीला खातून, सुनीता देवी, चंदा देवी, रामपरी देवी, फुलदाय देवी, डोमनी देवी, रबिना खातून सहित अन्य उपस्थित थे।

मुजफ्फरपुर, मंगलवार
04.06.2024 **प्रभात खबर**

ओल की खेती के लिए किसानों को किया गया प्रोत्साहित

प्रतिनिधि, इंझापुर

नवानी पंचायत में महिला किसान को प्रोत्साहित करने के लिए कार्यशाला का आयोजन किया गया। इस दौरान किसानों के बीच ओल बीज वितरण किया गया। वर्ल्ड नेबर्स व रूरल डेवलपमेंट ट्रस्ट के सहयोग से सिंग एंड क्रेडिट समूह सदस्य को बारह महीने तक आसानी से अपने गृह पोषण वाटिका से सब्जी उत्पादन के लिए प्रेरित किया। खेती की जानकारी दी गई, जिससे ओल खेती से समूह सदस्य के घर के आगल बगल बेकार पड़े भूमि का उपयोग कर साग सब्जी की खेती की जा सके। ट्रस्ट के संरक्षक मो. सादुल्लाह ने कहा कि ओल लगाने से सिंग एंड क्रेडिट समूह सदस्य को आय अर्जन करने का मार्ग खुला है। तेरह सदस्य ने एक कट्टा में ओल की खेती कर रही है। बांकी 72 सदस्य अपने घर में उपयोग के लिए ओल लगाया है। सभी सदस्य को वर्ल्ड नेबर्स के सहयोग से बीज उपलब्ध कराया गया है। ओल की खेती अच्छे तरीके से हो सके। इसके लिए नवानी पंचायत के किसान सलाहकार द्वारा सभी सदस्य को बीज लगाने का तरीका बताया गया। कार्यक्रम में रेखा देवी, हीरा लाल मंडल, नैना देवी, संगीता देवी, मंजुला देवी, पुनीता देवी, रेवनी देवी, हेमा देवी, मिरजा देवी, जगदम्बा देवी, सुनीता देवी आदि मौजूद थे।

दैनिक भास्कर मधुबनी 19-12-2024

बचत समूह की महिला सदस्य मशरूम से कर रहीं अच्छी आय

भास्कर न्यूज़ इंझापुर

वर्ल्ड नेबर्स के सहयोग से ग्रामीण क्षेत्र में बचत समूह की महिला सदस्यों ने मशरूम की खेती शुरू किया है। यह मशरूम की खेती इंझापुर प्रखंड अंतर्गत नवानी, पिररलिया पंचायत में संचालित सिंग एंड क्रेडिट समूह की सदस्य ने मशरूम का उत्पादन शुरू किया। वर्ल्ड नेबर्स और रूरल डेवलपमेंट ट्रस्ट के सहयोग से कृषि विज्ञान केंद्र सुखेत के माध्यम से सभी सदस्य को मशरूम उत्पादन विषय पर प्रशिक्षण दिया गया। इसके लिए चालीस सदस्य को उत्पादन का विधि बताया गया। ट्रस्ट के संरक्षक मो. सादुल्लाह ने जानकारी बताया कि एक किट में 2 किलो तक तक मशरूम का उत्पादन होता है। वहीं एक किट पर सौ रुपया तक का खर्च आता है। कोई सदस्य अपने यहाँ पचास किट तैयार करती है तो पांच हजार तक खर्च आया। यानी मशरूम को तैयार करती महिला। औसतन 80 किलो मशरूम का उत्पादन होगा। उन्होंने कहा कि वर्ल्ड नेबर्स का उद्देश्य है कि ग्रामीण क्षेत्रों की महिलाओं को कृषि में तकनीकी ज्ञान किर्वास्त कर आर्थिक रूप से उन्नति के मार्ग पर आगे बढ़ाए। इसी प्रकार के छोटे छोटे प्रकल्प से ग्रामीण क्षेत्र की महिला का उत्थान होगा। मशरूम में प्रोटीन, विटामिन सी, विटामिन बी, विटामिन डी, कैल्शियम, पोटैशियम, फॉस्फोरस होता है।

Photos







Way Forwards

- *Conduct a comprehensive assessment of the region's vulnerability to climate change-induced disasters, including the identification of hazard-prone areas, exposure of vulnerable populations, and analysis of potential impacts.*
- *Enhance early warning systems for climate-related hazards to provide timely and accurate information to at-risk communities.*
- *Promote nature-based solutions, such as Environment protection & restoration, Water Resource Management, Greenery promotion to enhance the resilience of ecosystems and communities.*
- *Strengthen the capacity of local institutions, including government agencies and community organizations, to implement climate change-induced disaster risk reduction strategies.*
- *Facilitate knowledge sharing and transfer of best practices, lessons learned, and scientific advancements through training programs, workshops, and online platforms.*
- *To linkage with the government scheme and policy for holistic development for more women empowerment.*
- *Scale up WASH program at the district level as well as state level & Create Cleaner Model Village through the promotion of ODF*
- *Promotion of better health & hygiene practices.*
- *Massive campaign on Health, Environment and Empowerment among outreach /unserved areas primarily women & children*
- *Linkage with the district level administration, Kamala River barrage engineer department and irrigation department.*
- *Capacity building training and orientation to the project staffs for developing appropriate action to DRR.*

Board of Trustees (BOT)

Board of Trustees and their qualification

Name	Address	Age	Sex	Qual.	Caste	Designation
MD Sadullah	At- Sangram, P.O.- TulapatGanj, Madhubani (Bihar)	38	Male	B.A.	GEN.	Chairman
MD Wasimul haque	At- Sangram, P.O.- TulapatGanj, Madhubani (Bihar)	48	Male	I.A.	EBC	Managing Trustee
Kiran Devi	At- Sangram, P.O.- TulapatGanj, Madhubani (Bihar)	42	Female	Matric	SC	Trustee
Nahida Pravin	At- Pipraulia, P.O. – Arariya, Madhubani (Bihar)	34	Female	Matric	GEN.	Trustee
Abdul Rasid	At- Sangram, P.O.- TulapatGanj, Madhubani (Bihar)	48	Male	Matric	OBC	Trustee
Siyma Praveen	At- Sangram, P.O.- TulapatGanj, Madhubani (Bihar)	36	Female	Matric	EBC	Trustee
Baiju Mahto	At- Sangram, P.O.- TulapatGanj, Madhubani (Bihar)	28	Male	Literate	SC	Trustee
Ajay Kumar	At + P.O.- TulapatGanj, Madhubani (Bihar)	32	Male	B.A.	OBC	Trustee
Reyaz Ahmad	At – Mawahi, P.O. – Tulapatganj, Madhbani, (Bihar)	43	Male	B.A	GEN.	Trustee

Table-2: Advisory committee and their experience

Name	Address	Mobile No. and E-mail	Experience
Mr Samiul Haque Retired Judge	Jhanjharpur, Madhubani	06299693015	10 years experience in social work
Mr Basudev Das Director Navachar Vision Foundation	Teghra Begusarai	09547184938 basudebdas15@gmail.com	15 years experience in social work

Thank You